

What does being a farmer mean?

Throughout conversations, farmers shared knowledge illustrating the intimate connections they have with food systems they work in:

Thanks to the flock I knew how to reconnect to the territory, I was interconnected to the space, I could see what the plants were doing, and I was connected to them through the sheep.

Mexican participant

We under-sow oats with grass. Chicory has a deep root; chicory helps break up the soil and [is] also really good for the animals to eat. It's nice to see a crop that is really alive and the soil is alive under it.

Scottish Participant

The dandelion's strong root structure, has a crucial role in restoring soils that have been heavily compacted. The dandelion is a welcome part in our garden and is never removed.

South African Participant

Sheep convert plants into protein, and are important in terms of biodiversity, they are more than just for food production.

Scottish Participant

I am proud of the herbs that grow around the milpa. If the Milpa does not have pesticides, herbs grow around it. Most of them are also good for eating.

Mexican participant



Participant from the
Molow, Kenya group



Global Dialogue participants dance
a traditional Scottish ceilidh